

**The Following are Low Cost or free activities  
that are available on a Daily Basis at or near the resort or spa.  
Most of these activities do not require advance reservations.  
Please see Concierge for more information.**

<b>Mountain Bike Rentals</b>	Rent a bicycle at the Mountain Ops in the red barn across from Topnotch. There is also 5.3 mile paved Stowe Recreation Path to enjoy. Bikes are \$9 an hour, or \$25 a day.
<b>Local Hiking Trails and Paths</b>	Stowe offers a variety of hiking experiences. From easy hikes to expert level hikes, Topnotch can provide you with a free hiking guide that outlines trails and views you can explore on your own for free.
<b>Yoga; Cardio Pilates; Tai Chi I or II; Somatic Meditations</b>	Topnotch Spa offers a variety of classes to explore. Some examples include: Pilates Allegro at \$25, Tai Chi at \$10, All other classes are \$15.
<b>Tennis Lessons or Games</b>	4 indoor courts are available for individual lessons and training. A ball machine is available for personal use. Hour long lessons range from \$92-\$150. Court time is \$60 an hour or if using the ball machine \$75 an hour.
<b>Cider House Mill Tour</b>	Stop for apple cider and their famous cider donuts. You will see a demonstration of how cider is made and have a free delicious sample.
<b>Ben &amp; Jerry Ice Cream Factory Tour</b>	This is a favorite tourist attraction. Tours start at 10am and occur every half hour. Last tour leaves at 5pm. See how they make the world's most famous Ice Cream.
<b>Art Museum Tours</b>	The Helen Day Art Center, The West Branch Gallery, The Ski and Snowboard Museum, Green Mountain Fine Art Gallery, Robert Paul Fine Art Gallery and Stowe Craft Gallery.
<b>Brewery Tours</b>	There are a number of craft beer brewers in the area that offer tours of their facilities and sample tastings. The Alchemist, Idletyme Brewing Company, and Rock Art Brewery are just a few.
<b>Ice Skating</b>	Skating at Stowe Arena is open afternoons and evenings daily. Admission is \$3.50, rentals are \$4.50. For more information call 802.253.7321
<b>Maple Tours</b>	Learn how maple syrup is made at Trapp Family Lodge where sugarhouses renew the century old tradition of making pure Vermont maple syrup.

\*Bike rentals, Topnotch Spa Classes, and Tennis Court Rentals can be billed to your room and come out of your \$250 course credit.

These Excursions DO Require Advanced Registration.

<p><b>Gentle Giants Wagon Rides</b> \$40</p>	<p>8/17/18 11am</p>	<p>Take a journey through a charming covered bridge on a winding wooded trail in the woods. Spectacular views of Mt. Mansfield, Vermont's highest peak.</p>
<p><b>Kayaking</b> \$50</p>	<p>8/18/18 9am</p>	<p>An excellent start to your day. Your guide will take you down a scenic 4.5 mile stretch of the Lamoille River at a leisurely pace. You will have your choice of single or tandem(2 person) kayaks. This is a great opportunity for beginning paddlers with little or no experience to enjoy the river. Morning River Kayaking on Saturday the 18th 9-11am. <b>Transportation not Provided. It is about a 45 minute driving distance away.</b></p>
<p><b>Guided Horse Trail Rides</b> \$50</p>	<p>8/19/18 11am</p>	<p>A scenic guided trail ride around the surrounding majestic views of Stowe Vermont.</p>
<p><b>Guided Horse Trail Rides</b> \$50</p>	<p>8/20/18 11am</p>	<p>A scenic guided trail ride around the surrounding majestic views of Stowe Vermont.</p>
<p><b>Zipline</b> \$140</p>	<p>8/20/18 10am</p>	<p>The ZipTour Adventure has all the high-speed thrills you crave. Soar from near the summit of Vermont's highest peak on a series of action-packed ziplines. And with two side-by-side lines on each zip span, you can experience it all with a friend by your side. Ziplines range from 150' long and 10' off the ground (Demo Trainer) to the Nosedive Zip at 4,462' long and 180' up!</p>
<p><b>Fly Fishing</b> \$177</p>	<p>8/21/18 8am</p>	<p>This program will start off with a short casting lesson on the trout pond to learn both the roll cast and false cast. One of the experienced guides will then take you to one of their many fishing spots where you will learn the techniques as you fish! Your guide will show you how and where to make the perfect cast, how to mend the line, how to get a great drift, and most importantly, where to find the fish!</p>
<p><b>Guided Horse Trail Rides</b> \$50</p>	<p>8/21/18 11am</p>	<p>A scenic guided trail ride around the surrounding majestic views of Stowe Vermont.</p>
<p><b>Artisan Tour</b> \$75</p>	<p>8/21/18 9am</p>	<p>Vermont is known for its many fine artisan products: from handicrafts to coffee, cheese and chocolates. Don't miss out visiting some great production facilities, shops and outlets. The Tour lasts 5 hours. They pick you up from hotel at 9am and drop you back off at end of the trip.</p>